

THE ANATOMY OF ROM

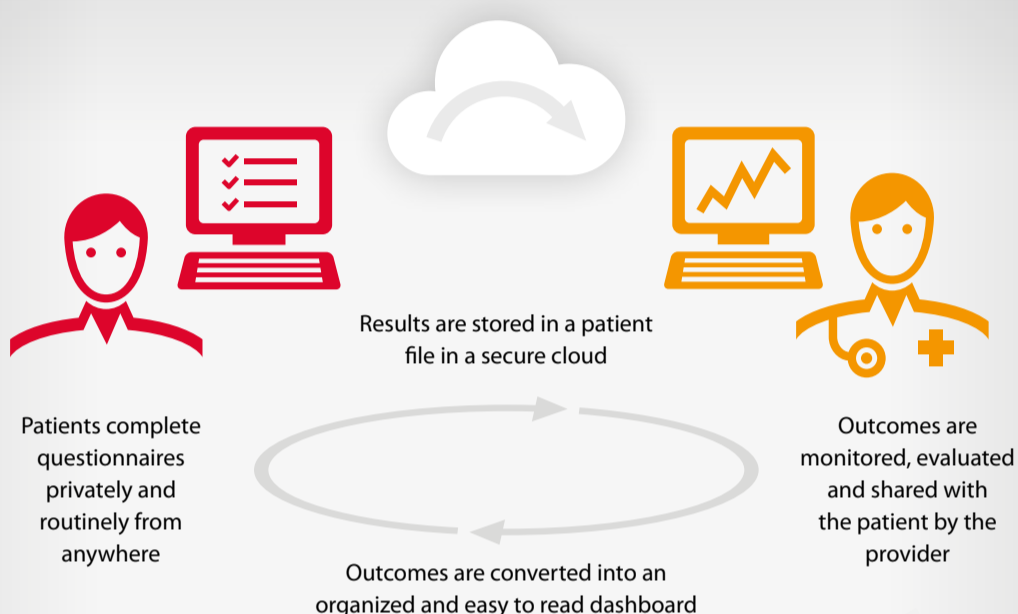
Routine Outcome Monitoring
and Its Impact on Mental and
Behavioral Health



What is ROM?

Routine Outcome Monitoring (ROM) makes the insight available that the Mental and Behavioral Health sector wishes. There is a constant need for insight into the progression, quality and effectiveness of the care that is provided. ROM automates and simplifies the measurement of patient progress with standardized and validated measuring tools. This allows for metric-driven evaluation of treatment effectiveness, for both practitioners and patients.

How Is ROM Data Collected?



If the results raise a Red Flag, the provider is notified and can follow up with a phone call or a face-to-face meeting



How Is ROM Data Used?

Patient Health
Management

Measure Individual Patient Treatment Outcomes

Providers can evaluate the progress of a patient throughout the treatment process.



Population Health
Management



Evaluate Treatment Programs

Providers or health institutions can evaluate the effectiveness of a treatment plan based on the results of a group of patients.

Research

Large amounts of a collected measurement data can be used to investigate patterns throughout a population.



What Is the Benefit of ROM?

1

Providers can use the outcomes to **improve** their **treatment processes**

3

Healthcare institutions can use the data for **external reporting, quality improvement** and **benchmarking**

2

Patients receive better feedback on the **progress** of their **treatment**

4

Reduce costs of followups while **improving quality** and precision in outcomes evaluation